



**NEW YEAR NEW YOU**  
**FREE LIFESTYLE EXHIBITION**  
**SATURDAY 14<sup>TH</sup> & SUNDAY 15<sup>TH</sup>**  
**JANUARY 2012**

Great opportunity to make a change in 2012  
\* 30 Different Exhibitors \* Celebrity Guests \*  
Goody Bags \* Refreshments \* Hints & Tips \*  
Promotional Offers & Discounts

**WEST BRIDGFORD COMMUNITY HALL**  
**CHURCH DRIVE NG2 6AY**  
**10AM-4PM**  
**TEL: 0115 841 9699 FOR DETAILS**  
**FIND US ON**

