

**Do you have a constant cough or feel breathless?**

**Do you or someone you know have COPD?**

**(emphysema or chronic bronchitis)**

**If so you may be interested in the following event.....**

# **Living Well with COPD**

**Where: West Bridgford Library**

**When: Saturday 15 November 2014**

**Time: 12-2pm**

- Short talk & video footage on the functionality of the **Sound Dr** website, a new way of helping patients with COPD
- **FREE** lung function testing
- **FREE** advice and guidance from our community Specialist COPD Nurse and a local GP
- Representative from **Breathe Easy** (support group for those living with lung disease)
- A representative from **New Leaf** (smoking cessation)